

EP 038 COOPERATION & COMPETITION

SHOW NOTES

OBJECTIVE

> Develop an understanding of cooperation and competition.

UNDERSTANDING COOPERATION AND COMPETITION

Cooperation is an important part of finding a resolution or a way of working with other individuals or groups. It often involves compromise - but helps to achieve shared goals.

Competition is a contest between rivals, an event or contest in which people take part in order to establish superiority or supremacy in a particular area.

COMPARING COOPERATION AND COMPETITION

- 1a. Cooperation is a process of working together for common rewards.
- 1b. Competition is a process in which individuals or groups struggle for some goal or end.
- 2a. The qualities like natural awareness, understanding, helpfulness and selfless attitude are necessary for cooperation.
- 2b. For competition self-confidence, strong aspirations, the spirit of adventure and readiness to suffer and to struggle are needed.
- 3a. Cooperation is limitless. Because one can go to any extent to help other.
- 3b. Competition has limitations as it bound by norms.
- 4a. Cooperation is always beneficial as it brings normally positive results.
- 4b. Constructive competitions are always beneficial but uncontrolled competition is always harmful or dangerous.
- 5a. Cooperation provides satisfaction and contentment to people.
- 5b. Competition may cause satisfaction as well as dissatisfaction.
- 6a. The degree of solution for many international problems and disputes provided by cooperation is higher.
- 6b. Competition may contribute to socio-economic progress as well as to general welfare but there is no chance for solution of international problems and disputes.

HEALTHY COMPETITION LEADS TO GREATER COOPERATION

Cooperation should dominate within an organization, while competition should dominate among organizations within a given social order. Competition tends to create greater cooperation, and greater cooperation makes you more competitive. If you lose competition, you lose cooperation. We need both in order to foster the strengths of both.

APPLICATION

> Note down three ways in which you can combine competition with cooperation within your team.

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